

Earth Gratitude

eZine Volume Four:

Prayers for Planet Earth

Edited by
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Prayers for Planet Earth

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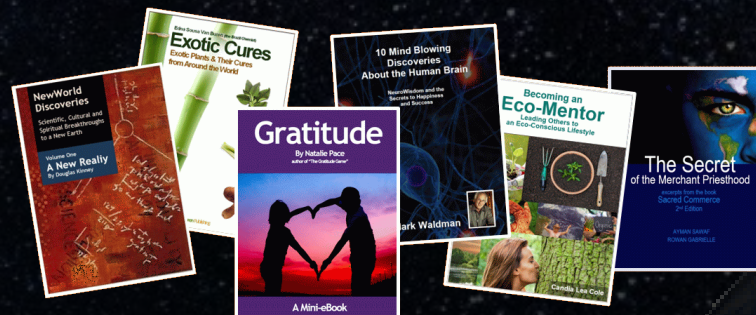
Acknowledgments

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We are deeply grateful to everyone who views this book, shares it with others and posts their own prayer or blessing on social media with the #earthgratitude hashtag.

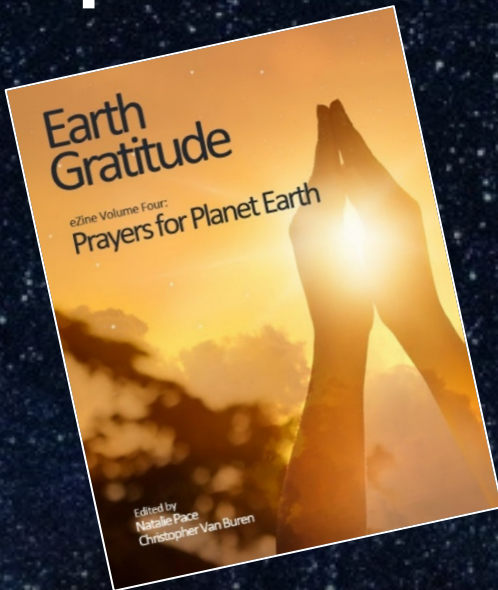
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1



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Earth Teach Me...

Ute Native American Prayer

Earth Teach Me to Remember.

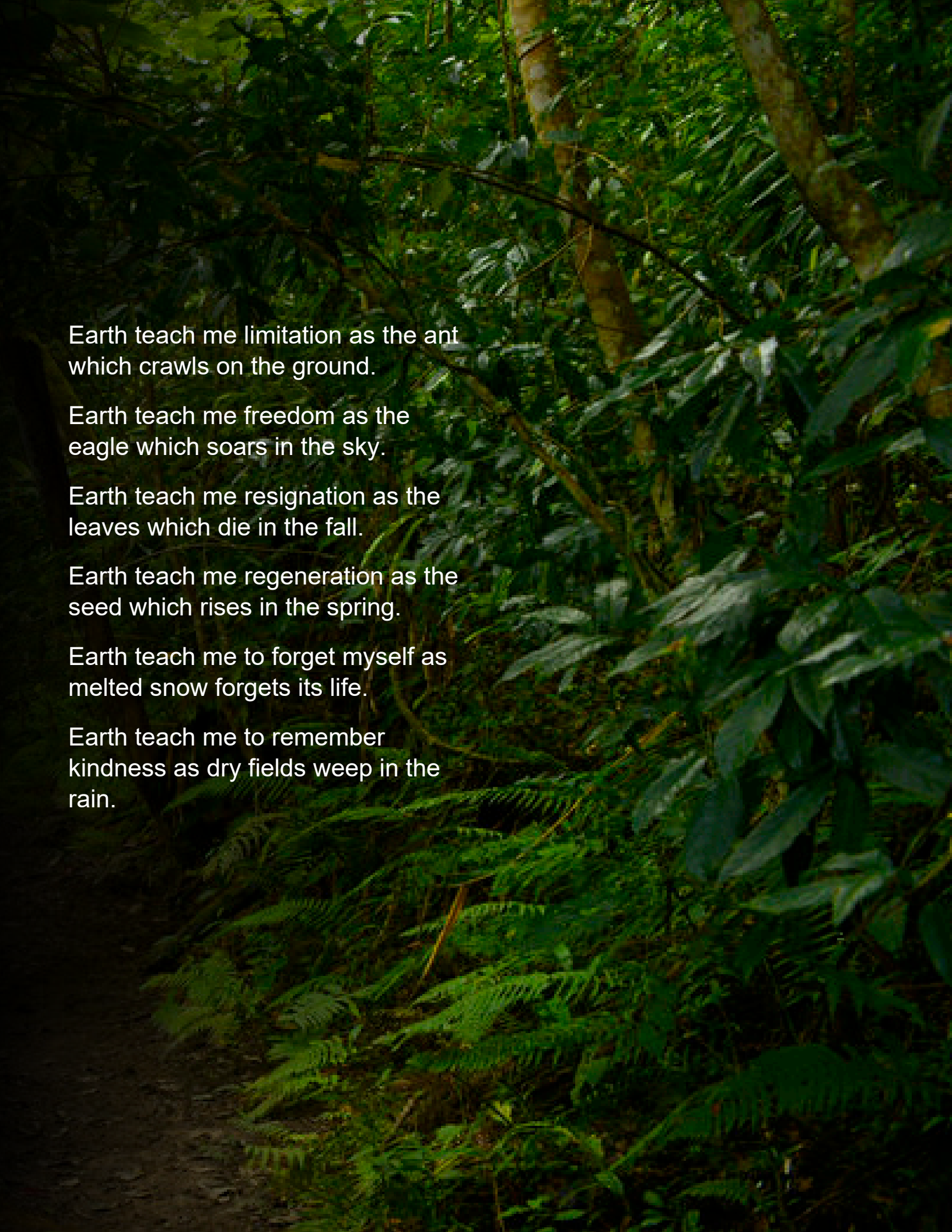
Earth teach me stillness as the
grasses are stilled with light.

Earth teach me suffering as old
stones suffer with memory.

Earth teach me humility as
blossoms are humble with
beginning.

Earth Teach me caring as the
mother who secures her young.

Earth teach me courage as the tree
which stands alone.



Earth teach me limitation as the ant
which crawls on the ground.

Earth teach me freedom as the
eagle which soars in the sky.

Earth teach me resignation as the
leaves which die in the fall.

Earth teach me regeneration as the
seed which rises in the spring.

Earth teach me to forget myself as
melted snow forgets its life.

Earth teach me to remember
kindness as dry fields weep in the
rain.



Earth Prayer

Sensei Ulrich, Manitoba Buddhist Temple

We gently caress you, the Earth,
our planet and our home.

Our vision has brought us closer
to you, making us aware of the
harm we have done to the life-
network upon which we
ourselves depend.

We are reminded that we have
poisoned your waters, your
lands, your air.

We have filled you with the
bones of our dead from war and
greed.

Your pain is our pain.

Touching you gently, we pray
that we may become peace-
bringers and life-bringers so that
our home in its journey around
the Sun not become a sterile and
lonely place.

May this prayer and its power
last forever.



William Gladstone
Author and Founder of
Waterside Productions

Earth, We Thank You

Thank you. Thank you. Thank you.

Earth you provide such joy and
sustenance always.

May we honor your beauty and wonder every
day throughout the year.

May we strive to be as creative and nurturing in
our own lives as you are naturally.

May the abundance you provide allow us to be
generous at all times.

May we learn from the seasons to have
patience and grace.

The Gift of

Oh, great spirit, all the great ones, I am grateful for our time together on mother earth. I have many memories that illumine my mind and remind me of thee.

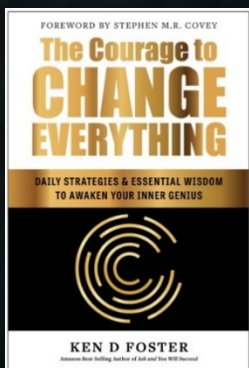
I have sat under your oak trees, dreaming the day that earth is filled with love, compassion and peace, because tranquil minds, lead to a tranquil planet.

I have walked deep into your sequoia forests and felt your presence as you permeated every cell of my being.

I have dived deep into your oceans and seen your great creatures of the sea and in each one I have glimpsed thee.

I have tread gently in your deserts and heard the sounds of your silence.

I have witnessed you in the eyes of your whales, dolphins, cats and dogs staring back at me reminding me we are all connected.



Ken D Foster

If you want to make powerful changes in 2020, get the book that will support your efforts. "[The Courage to Change Everything](#)"

[Voices of Courage Radio Show](#)
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Mother Earth

I have been blessed by your winged creatures showing up at the perfect time to guide me inward to receive thy messages.

I have experienced your storms cleansing and nourishing life with thy almighty power.

I have admired your beautiful flowers dancing in the wind, reminding me to look for thy beauty in everyone I meet.

I have walked into your grand canyons and realized your greatness lives in all of us.

I have stridden barefoot on your seashores and marveled at the perfection of your creation.

I have felt the wind of your breath blowing over my body prompting me to realize you are always there.

I have climbed to the top of your mountains and observed your masterpiece as you have filled me with awe.

I have wondered why I am here as I gazed up at millions of stars only to realize, I will go far, father than the stars with thee.

And, I have become still and heard thy voice echoing in the caverns of my mind. Oh, great mother earth, I feel thy divine spirit living in the heart of my being, connecting me with thee. Thank you for all you have given me.

Ayni Despacho

This ceremony comes from the high mountain shamans of Peru, the Q'ero. Similar to a mandala or sacred art, a despacho holds symbolic elements and the wishes of the participants who created it. It is a living prayer which creates a palpable vortex of spiritual energy that helps bring healing, grace and manifestation of the prayers it contains.

It honors all of life, the Earth and its inhabitants, the sun, moon and stars. It is about giving back and coming into right relationship with everything and everyone in our lives. When we honor all of life and the sacredness of what is, we are led back into alignment with our highest destiny.

Ceremony is the way we collaborate non-physical reality, the divine order which then gives rise to the physical world in which we live. This is the most powerful and efficient way to bring balance to ourselves and our world at this time.

For the ayni despacho, we begin with a large piece of white paper that will serve as a 'wrapping' for all of the offerings. All ingredients have significance and each receives a prayer before being placed on the paper. Three leaves are used to hold our prayers. Sugar and various sweets bring sweetness and love to the prayers. Corn and other grains are used to nourish participants and the Pachamama (the Earth).

Once all ingredients have been added, we carefully fold the bundle into the shape of a square "gift" and tie it. The despacho is then burned for rapid transformation.

The prayers are now with spirit.

Sonia Sommer
Soul Coach &
Visionary Leader
www.SoniaSommer.com

[Download the complete
Ayni Despacho
instructions here.](#)



Your Planetary Self

Let the birds take your clothes
Let the waves undo your holding back
Let the vines unravel your tired mind
And the earth savour your sweat and tears.
Let your stories burn off like rising mist,
As your past and the false floors of curbed self love
Dissolve into butterfly wings and fire flies
As your edges blur and your Planetary Self ignites.
Let the trees bathe your breath
Let the meadows embrace you
Let the mountains and the bees remind you
Let the sky flood in and allow the clouds to guide you.
Let your undoing be as total
As your becoming is beautiful –
And when the living world has climbed inside
Enough for you to feel four legs, scales and wings.
May you finally know yourself alive as all things –
Indivisible and responsible
Reborn into wholeness
Natural, Sacred and Wild.

By Clare Dubois
Founder TreeSisters.org



treeSisters
women seeding change



Irish Blessing

Traditional

May the road rise to meet you.

May the wind be always at your back.

May the sun shine warm upon your face.

May the rain fall soft upon your fields.

And until we meet again,

May god hold you in the palm of his hand.



Taoist Proverb

Lao-Tse

If there is to be peace in the world,
there must be peace in the nations.

If there is to be peace in the nations,
there must be peace in the cities.

If there is to be peace in the cities,
there must be peace between neighbors.

If there is to be peace between neighbors,
there must be peace in the home.

If there is to be peace in the home,
there must be peace in the heart.



The Old Farmer's Prayer

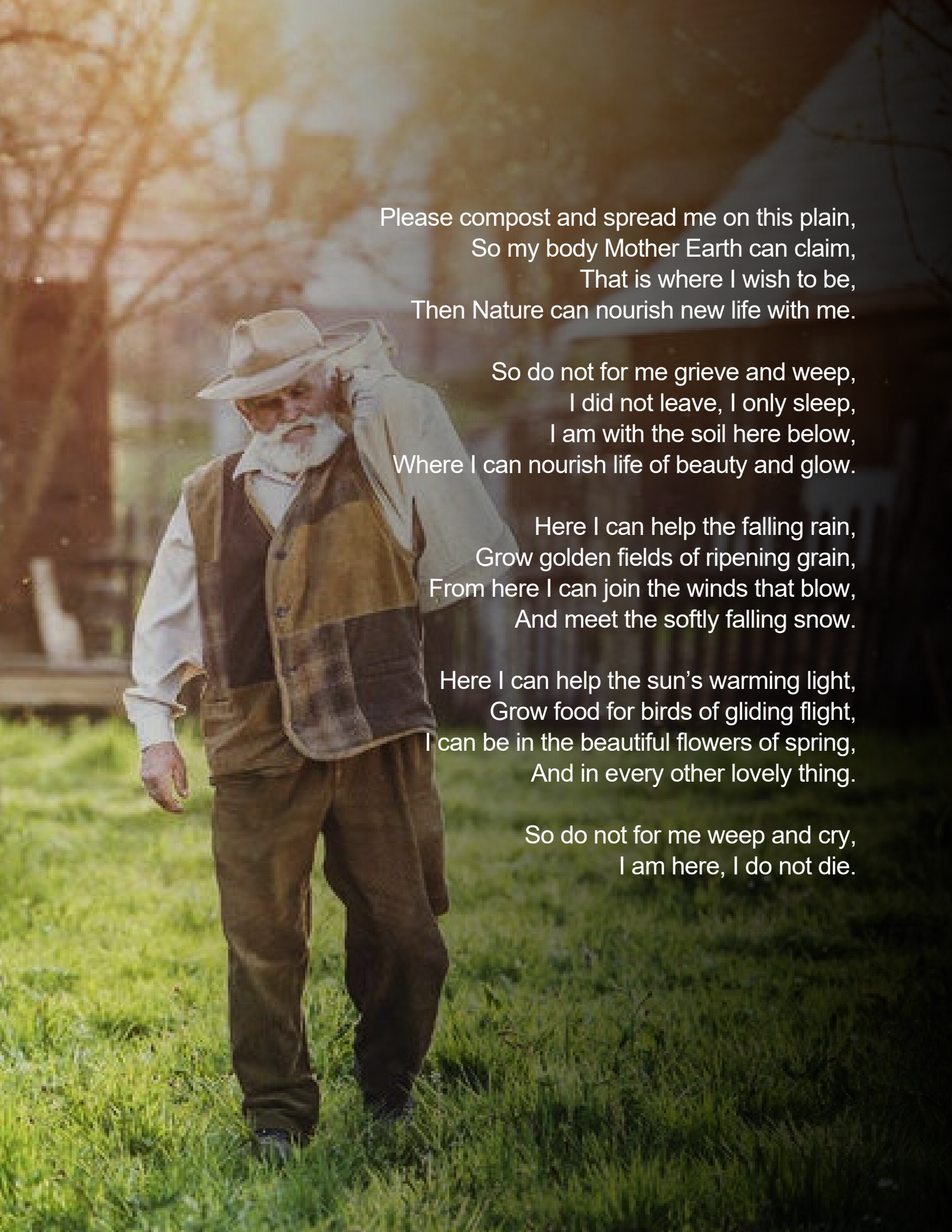
Time just keeps moving on,
Many years have come and gone,
But I grow older without regret,
My hopes are in what may come yet.

On the farm I work each day,
This is where I wish to stay,
I watch the seeds each season sprout,
From the soil as the plants rise out.

I study Nature and I learn,
To know the earth and feel her turn,
I love her dearly and all the seasons,
For I have learned her secret reasons.

All that will live is in the bosom of Earth,
She is the loving mother of all birth,
But all that lives must pass away,
And go back again to her someday.

My life too will pass from Earth,
But do not grieve, I say, there will be other birth,
When my body is old and all spent,
And my soul to Heaven has went.



Please compost and spread me on this plain,
So my body Mother Earth can claim,
That is where I wish to be,
Then Nature can nourish new life with me.

So do not for me grieve and weep,
I did not leave, I only sleep,
I am with the soil here below,
Where I can nourish life of beauty and glow.

Here I can help the falling rain,
Grow golden fields of ripening grain,
From here I can join the winds that blow,
And meet the softly falling snow.

Here I can help the sun's warming light,
Grow food for birds of gliding flight,
I can be in the beautiful flowers of spring,
And in every other lovely thing.

So do not for me weep and cry,
I am here, I do not die.

The Light

The light shines on humanity,
But many still close their eyes,
Fear and doubt in the collective wound and paralyze.

The light shines on humanity,
But many refuse to believe,
Instead they glue their eyes to the blue light of the TV.

Look up, wide eyes, and see,
The light shines on humanity,
Each person, animal and insect has its destiny.


The light shines on humanity,
Open your heart and trust
In eternal, infinite love,
Ashes to ashes, dust to dust.

Let go of the illusion
All fear, judgment and doubt,
Open to the light in and around you,
Breathe in, breathe out.

Lauren Elizabeth Walsh

Founder and CEO of Global Sisterhood.

www.globalsisterhood.org

A woman with long hair, seen from behind, is walking away on a dirt path through a lush green forest. She is wearing a white, strapless, tiered dress. The sunlight filters through the trees, creating a bright, hazy atmosphere. The path is surrounded by tall grass and small plants.

Breath in Divine Love,
Breath out Love so Divine
Feel Love guiding you,
Healing you,
Inspiring you,
Illuminating your mind.

The light shines on humanity,
Yet few truly see,
That this light guiding humanity,
Is the intelligent force of free will and destiny.

Each one has a choice,
Within the wheel of time,
Either love or fear will be what defines.

As the Earth quakes and the sea moans,
As we tremble, shake, cry and rejoice,
What will be your ultimate choice?

The light shines on humanity,
Those who believe, shine too,
In love, we rise and serve.
Because this is what we choose to do.

The Tipping Point of Evolution

I've been called a conscious evolutionary. I'm conscious that we are evolving and we are part of what's evolving on the planet...and that our choices make a difference in our awakening to the power of social potential.

How are we going to respond to these enormous challenges? Almost everybody feels inadequate, uncertain, powerless to affect the large problems of the world.

Here's why I think it's possible to change the existing paradigm: We are at the tip of the tipping point. Evolution is pressing us toward higher consciousness, more creativity and more awareness, more love and freedom.

Those of us who are awakening to the tipping point and desire to realize our purpose...we are at the tip of the tipping point of evolution. Participating in what's emerging is actually natural and easier than trying to fight an old system.

So what is your own tipping point? What is inside you that needs to tip toward evolution and the expression of your creative impulse? When you say "yes" to this, you'll align yourself with the direction of evolution, where you are much more likely to make change than if you just go against what already exists.

Our opportunity is to place ourselves at the tip of the tipping point. I will look for you there.

Barbara Marx
Hubbard

*In loving memory
Dec. 1929 to
April 2019.*



Get a free access to Barbara's prophetic final message to humanity: The 11th Hour Series.

[Here](#)

Viral Meditation

1. Use whatever technique brings you into calm and peace.
2. Imagine the Great Central Sun bringing forth a white beam of light from its core and activating all Central Suns of other galaxies. Imagine this white light going into the core of Mother Earth lighting up and activating all beings on our planet.
3. See this light going to the COVID-19 virus and breaking it apart. Imagine this white light also purifying all cells, vibration fields, grids and darker energies. Imagine this energy shifting our entire timeline of Earth to a field of balance, love, harmony, peace and 5D 'New Earth'. See the future you want for our planet and yourself and feel it in your heart. Hold this for 3 minutes in silence with your hands on your heart.



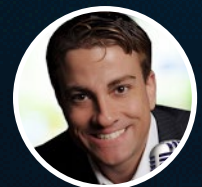
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Darius M. Barazandeh, JD / MBA

CEO, You Wealth Revolution Network

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Agapi's Poem of Blessings

May you know you are blessed.

May you know you are loved.

May you walk in peace.

May you let yourself be led by the one who knows the way.

May you sing your song.

May you know your value beyond this world.

May you utter the words you do not dare say.

May you dare say no to what is not for you.

May you dare say yes when you hear the calling.

May you care for yourself like you care for others.

May you grieve your losses and rejoice in your new findings.

May you write your story.

May you share your wisdom.

May you know the art of letting go,

and the art of not caring about what no longer serves you.

May you know your center and come to it every day and build your house there,

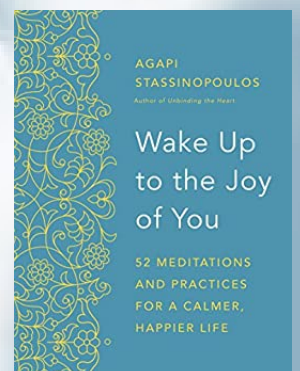
that never shakes or wanders or feels the quakes of life.

May you walk in peace and see the view from all directions,
and let the wind engrave you with touches from your spirit to the world.

May you know your heart and its beauty and its vastness.

May you know you and God's immensity in you.

Agapi Stassinopoulos
Best-Selling Author & Speaker
Online at www.WakeUptotheJoyofYou.com



The Here and Now

A Friendly Reminder of How the World Could Be

Once upon a day with no time and no date we saw, felt and caused no pain
No one died and no one wanted to
Mother earth gently rocked in her chair and read the world bed-time stories
There were no such things as weapons, dangers or destruction
Everyone was focused on creating from a pleasant space of construction
The rays of the sun warmed the sky and opened our hearts like sunflowers
blooming at the first morning light
Caged minds were unlocked and set free
No place to go but where you already are
No one else to try to be
Nothing in particular to need to see
Growing and reaching higher towards your north star
Feeling content and happy with everyone
Calling it complete and that your past karma is over with and done
If only there was no tomorrow and there were no yesterdays
We would love this moment that much more
We could be happy to let ourselves fly high and soar
Rather than flounder and drown in past regrets
We would simply know that lasting love begets
More, more of what we love
We could have a heavenly feeling below our feet and beaming from above
No more lists of what we haven't achieved yet
Simply basking in the contentment of the Here and the Now
Letting ourselves be our own ox and plow
We have all that we need in the Here and the Now.

Sarah Maxwell

From her Magic & Mojo Series
Online at www.LaunchMoxie.com/SimpleSpells



Plenty

(Audubon Center, Santa Fe, New Mexico)

We are eating breakfast in the green shade
of the tallest cottonwoods. The sun is coming
into its own now, the grasses have dried,
and there's the smell of sage and earth warming
in the light. An orchard of apricot,
apple and pear trees surrounds us,
and a docent is hanging just-filled feeders,
which look like giant red bell-shaped flowers
with yellow centers, for the hummingbirds.
We do not have to wait long before the air
is busy with their fervor. When we name them—
Black-chinned, Broad-tailed, Rufous, Calliope—
it feels as if we see them more clearly
and intimately, their gorgets glowing purple
and black, rose, and copper, their buzzing
wings beating with different vibratos.
They are zipping behind us and in front of us,
coming to a standstill next to our ears
or right before our eyes, this excess of color
and sound filling the air for us,
as if our sole purpose is simply to take pleasure
in the day's clean heat, in the hummingbirds
renewing themselves at the feeders,
in our easy passage into this plenty.

Robert Cording
Poet & Author



It's all at
www.EarthGratitude.org

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affirmation or blessing for Planet

Earth on your favorite social
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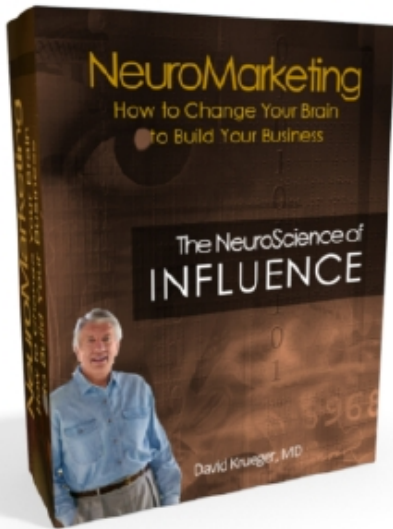
Shine your light!



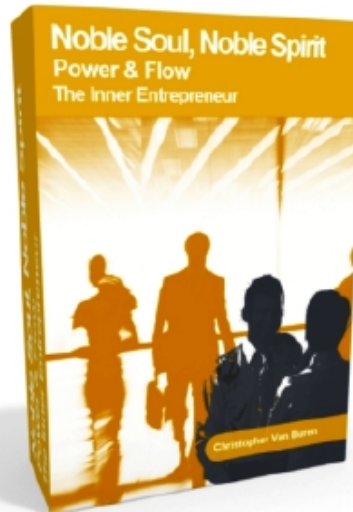


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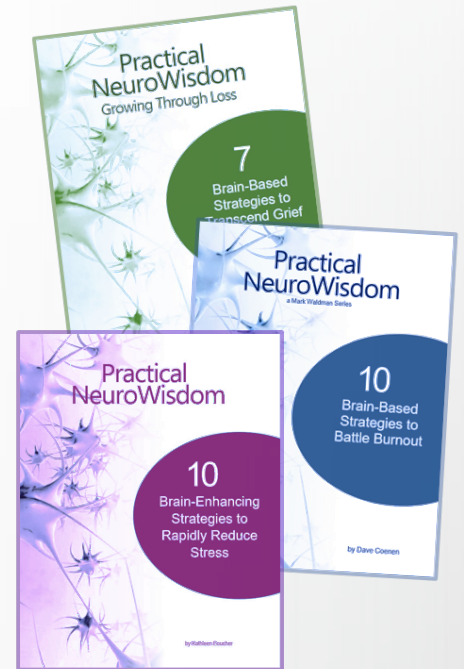
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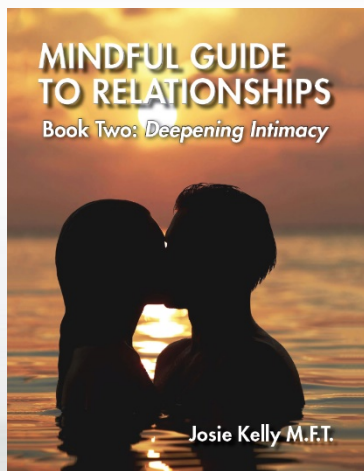
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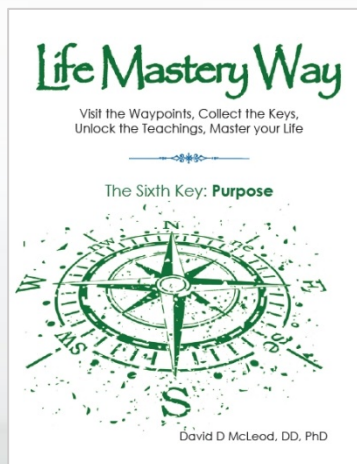
The Noble Spirit



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for a better
brain and a
better life.



Mindful Guide
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Life Mastery Way

