

The One Secret To a Better Life

By Dr. Christian Peter Wagner



S O U L

E N G I N E E R I N G

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Every day you wake up.

You are human, so as soon as this happens, your mind gets into gear and starts to analyze your life. What's good and bad? What is likely to happen today? What is the best way to optimize your efforts to achieve your goals? What things should be avoided and what things embraced?

Most of these thoughts are absolutely useless. Many times we travel through loops of thought that give us the illusion of thinking and progress when in fact we are just retreading old pathways that have been trod so many times before. Following the loop is being in the box.

Our natural human tendency is to do this... and now our worldwide culture supports the idea that the logical mind is primary! You have to understand the tech world! Complexity is everywhere! Think, think, think!

And despite this, every human knows and has experienced some moments of Divine Presence – in a moment of quiet, a beautiful sunrise, in the eyes of a young child. How is it that we so often lose track of these moments?

Why don't we have some kind of instruction manual that tells us how to be human well?



The simplest precept of Soul Engineering is that, in our human experience, we are always getting two different views of what is going on – the view from our heart and soul, and the view from our logical mind. This makes things confusing.

A second fundamental in Soul Engineering is that we are always changing – and, as we change, we must check that our old ways of being, that served us well in the past, are still good ways for us to be. Unfortunately most of us never do this and permit our adult lives to be guided by childish memories.

What if you could greet every morning with deep relaxation?

What would your life be like if you did not worry about the things that might happen in the coming day?

How would you feel if you knew you were always making the right choices, in the moment, and had no regrets?

All of these things and many more can be yours in short order. Because the code has been discovered! From a unique perspective that unifies both mind and heart using the principles of engineering, artificial intelligence, and deep spiritual enquiry, Soul Engineering guides you, at your own rate, with your own sensibilities, to fundamentally change your experience of your life.

Wow!!

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The simple truth is:

Our thinking is flawed!

Your thinking, my thinking, every person on the planet's thinking... all of it is fundamentally flawed.

What this means is that everything you have done in your life up to this point has, in some ways, been flawed because you have been directing things with a thinking engine that is improperly programmed.

YOUR MIND IS RUNNING THE WRONG PROGRAM!

I never expected that I would accidentally stumble upon this mistake in how we all think. But because I see it now, and I see the way to REPROGRAM YOUR OWN MIND TO THE PROPER WAY OF THINKING, I want to help you move to this better way of thinking and being starting right now!

OK... so you don't believe me. You have been thinking all of your life and you know your thinking has been effective, so of course you are thinking properly! I wish it were true! Now I don't want to hide anything from you, so I'll tell you what the one secret is right now:

Your life gets better with you find a way to use your full logical mind while you are experiencing divine flow.

So what I want you to understand is this: Change your mental concepts about your life, yourself and everything. At the same time, bring into your body a divine flow of energy by experiencing the connectedness you have to all of life. Then, your life gets better immediately.

So let's step back now, and go through things slowly so you can see the truth about the quality of human thinking. Let's start with some simple language to show you how our verbal thinking and communication is not as good as we think it is...



Imagine that I've grown up my whole life raising St. Bernard dogs. They, on the average, weigh about 150-250 pounds. You grow up living with Chihuahuas, that weigh 4-10 pounds. We meet on the bus, and I comment that my dog has been eating a lot of food lately. You think you understood what I meant... but you don't really. You have the image of maybe a cup of food, I have an image of several pounds of food.

So, let's just put that aside and agree – we all have different experiences, and when we speak we communicate ASSUMING that our experiences are the same. The truth always is that our experiences are SIMILAR but not the SAME. So we lose a lot of the subtlety in our communication that we often forget to take into account.

Oh, let me give you another example of our communication difficulties. I'll give you a simple sentence that has three different meanings. See if you can see the three different understandings. Consider this simple sentence:

“The man took the dog on the boat.”

Can you figure out the three distinctly different meanings of the sentence? What are the three distinct events that could all be described by this one sentence? Most people cannot see them.

So here are the three.

1. The first understanding of the sentence is this: there was a man, and there was a dog who was not on the boat, and the man took the dog that was not on the boat onto the boat. Surely, the man took the dog on the boat. That is probably the most common interpretation, the first thing that comes to your mind, but there are two other choices for the same simple sentence.
2. The second understanding of the sentence is this: there was a man who was going to take a dog, say, from his friend. He could do this taking of the dog on the dock, he could do it on the land, or he could do it on the boat. So the man went onto the boat and took possession of the dog. Again, indeed, the man took the dog on the boat.

Now you might say, oh who cares? That is exactly what your mind wants you to do! Your mind wants you to continue believing that it is infallible and precise when, in fact, it fails all of the time!

3. The third understanding of the sentence is this: there were several dogs - there was a dog that was sitting on the dock, there was a dog that was sitting on the boat, there was a dog sitting under the tree next to the picnic table. The man came along and took the particular dog that was sitting on the boat. So again, the man took the dog on the boat.

Each of these three meanings has a fairly different picture that is painted in your mind. And if I were trying to communicate with you, and I were thinking any one of these three images, and I use that phrase “the man took the dog on the boat,” I don't know if you would actually understand what I meant.

Hmmm... And of course we could concoct dozens or hundreds of similar cases that show we do not understand what we think we are understanding.

But you know, this isn't the most important part! I tell this to you just to begin to soften you up!

***Let's get back to saving the world!
Get back to making your life better!
Because that's what I care about.***

The deeper problem with our manner of thinking, is that we are always being presented with two different ways of thinking.

One way is the way of our full body. Our full body knows how to breathe. It knows how to make the heart beat. If someone were throwing you a baseball, it knows how to arrange your hands in a particular configuration so that you can catch the ball. If a lion were to come behind you roaring loudly, your body would know exactly how to run and which direction to run. All of these behaviors have nothing to do with conscious, logical thought.

Conscious verbal thought is a relatively new characteristic of any animal on the planet, and it is clearly the most evident in the human being. The logical mind is a disaster avoidance mechanism. It is designed to prevent things that will damage us. It is oriented towards the detection and prevention of disaster.

Our logical mind is designed to help us move away from the edge of the cliff as we walk along so that we don't accidentally fall over. Our logical mind is designed to help us build a solid and sturdy home so that the wolves do not come after us in the middle of the night.

Our logical mind processes 2000 bits of information each second. The rest of our neural system processes 400,000,000,000 bits of information each second. What part of us really knows more? Our body or our mind?

Because our neural system has two parts, we always have trouble with the balance. As nice as it would be for us to be able to choose one and ignore the other, that is not the way life works. We must always attend to both.

***What do we do when our
logical brain says one thing and
our body, heart and soul say
something else?***





Hmmm...

So what do you think? Would you like to learn to think better?

If you learn to think better, then you think better in your relationships. Which means your connection to your lover, to your children or parents, to your friends, to your boss, to all of the relationships in your life, you think better about every last one of them. And so what happens? **ALL OF YOUR RELATIONSHIPS GET BETTER!**

You're trying to earn money. You have a job. You need income. What if there were a simple way for you to learn to think better, so that you could improve every aspect of how you earn money. It is easier to get your job done.

And, of course, you know I can go through all the other aspects of your life! Thinking better can make your health better. Thinking better can make your fun time better.

So I imagine you are wondering what the secret is!

What could make such a difference in our thinking?

Now you might be thinking I'm going to give you some kind of mental trick or mental technique, perhaps a way to remember things better, or piece of software to help analyze things more effectively, but none of that is even going in the right direction. Not the direction the world needs. Not the direction you need to think better, to get better, and to make everything about yourself and your life better!

Now I don't want to hide this. So I'll tell you what it is right now:

What we are offering here is a way to understand and improve your concept of yourself and your connection to life and all that is.

This has nothing to do with religion! Yet it is beyond simple psychology! When your self-conception, your self-image, changes, everything in your life changes! The truth is that our cognitive development is such that we have some built-in flaws. These flaws are not generally known by people except by a long, hard, arduous, difficult process caused by the problematic situations in their own lives.

And, of course, we can still continue to learn in this fashion!

Well, first, that's just a stupid waste of time. And second, neither you, nor our civilization, nor our species, nor the planet have the time to wait.

Just as one sample point, when I look over my life experiences, the most profound, most delightful, the sweetest, the gentlest, the most pristine experiences of my life come when I have learned to think better and the very pattern of my life suddenly changes!

Heck, you may not expect this, but even sexual satisfaction gets better when you learn how to think better, to think with your whole self, when you experience your love partner with everything that you are.

We all know that our logical mind interprets everything in our life. It values, weighs and judges every single aspect of every single thing you do. It listens to the words coming out of your mouth, and later in the day might judge you and make you think you should of said something different or you should of been more articulate.

Your mind will judge your actions, it will judge your thoughts, it will judge your intentions, it will judge your body, and this runaway evaluative mechanism can cause such stress, such upset, such emotional turmoil and trauma and drama, you have no bandwidth or capability to become more balanced in your thinking.

Learning to think better may be something you can shift into quickly. There is no question that you will eventually learn to think better, the only question we might ask is can we get there sooner.

Wonderfully, the answer is most emphatically yes.



So, I want you to invest in your own future. I want you to invest in your learning to think better. I want you to come to understand and study the pattern of behaviors that are controlling your thought processes so that, at least for you in your life, you can come to a place of balance, of understanding, of compassion, of generosity, of introspection, and live your life better starting very very soon.

When you read this first document and you start to understand the years of inappropriate cultural programming that are driving your every choice in your life, I know you will want to stop it!

Do you want to be in control of your life or do you want others outside of you to control you?

Do you want to come to a place in your body of complete peace or do you want to continue to hold stress in every cell of your body until your body wears out?

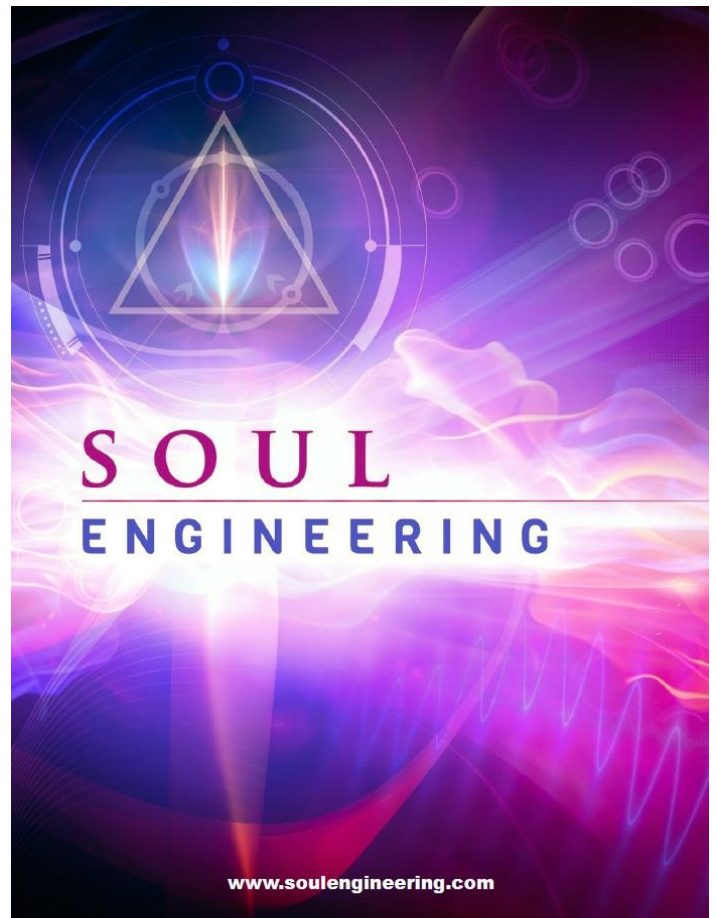
Soul Engineering works to unify the two parts of your thinking

To unify your logical mind with its astounding ability to manipulate symbols with the rest of your neural system with amazing ability to sense and act upon your environment.

To unify these two parts, we need two kinds of materials.

1. We absolutely need materials for your logical mind! You must learn to understand the truth of your human condition! Many healers around the world have talked about the “operating system” of human being, copying the concept computers. What is your operating system? How does your mind work? What motivates you? What hurts you? Why do things hurt you? How can you stop things hurting you?
2. We also need materials to help you get out of your logical mind and experience the true nature of the rest of your neural system. (An interesting conundrum. Materials to help your logical mind think better, and materials to help your logical mind not think at all.)

What if we could do both things at once??



So Soul Engineering is dedicated to providing several things:

- A truer understanding of what it means to be human... to help give that instruction manual to living well. AS YOU UNDERSTAND, YOU RELATE TO ALL THOSE AROUND YOU BETTER!
- Audio recordings of deep meditations that move the individual from being in the mind back to being in the heart and soul. AS YOU GO DEEPLY WITHIN, YOU EXPERIENCE PEACE AND JOY!
- Audio recordings of specific techniques to train the mind in accessing Divine Presence in a routine manner. WHEN YOU HAVE PROBLEMS, YOU HAVE WAYS TO PULL YOURSELF OUT!
- Music without words that brings the body into flow, and energizes the body with movement, sound, and rhythm. JUST THE JOY OF VIBRATION, UNALLOYED WITH WORDS, IS MAGNIFICENT!
- Occasional videos of widely varying material to help build the personal connections between Soul Engineering and those delightful people joining on the path. LET'S MEET!
- Software to aid in transforming any difficult situations in the moment-to-moment experience of life into places of calm, heart, and understanding. NOW THESE ARE JUST PLAIN FUN!
- Seminars for a more direct experience of the energies guiding the Soul Engineering endeavors.

BUILDING STRUCTURES OF HUMANS
INTO MERKABAS IS CRITICAL
WE ALL NEED SUPPORT!



Learn more...
At SoulEngineering.com